



Hélène Bellerose

Program Leader

Bio

Hélène has dedicated the last 20+ years of her professional life to mastering her crafts – facilitation and coaching. She is a Certified Professional Co-Active Coach (CTI) who knows that coaching makes a difference in people’s lives. She loves to share this with her clients. Hélène has held Sales and Training positions in the corporate world. When she created [Voilà Coaching](#), her vision was to partner with those who see the potential in others, who know that learning is the key to growth, and to do work that she loves.

Hélène is proud to facilitate and coach in French and in English, and enjoys working with groups large and small. Her work takes her across Canada, and to international locations. When she is not working, Hélène enjoys being active, spending time in nature, and travel.

A few fun facts about Hélène: She spent a year as an exchange student in Australia – and believes she can now say “G’day” properly – and has a keen appreciation for Tim Tam biscuits. She’s a proud mom to three awesome children, who all happen to be left-handed (probably not a coincidence). Speaking of family, Hélène has 54 first cousins. Yes, a true French Canadian family.

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Sector Experience

- Financial Services
- Pharmaceuticals
- Healthcare
- Telecommunication
- Retail